

Honey and Mumford Learning Styles Questionnaire

If true about yourself tick the white box corresponding to the question

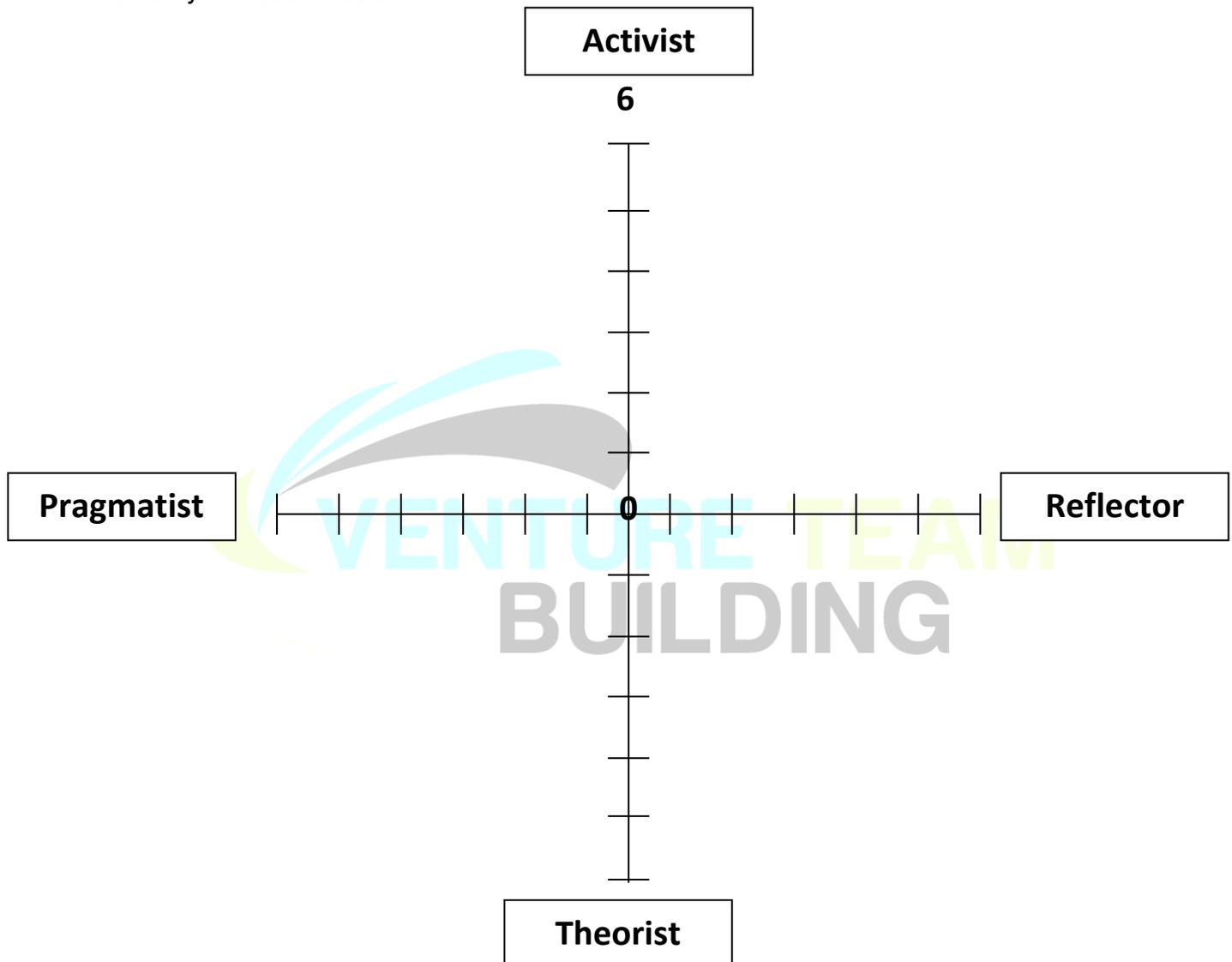
Question	1	2	3	4
I find it easy to meet new people and make new friends				
I am cautious and thoughtful				
I get bored easily				
I am a practical, "hands on" kind of person				
I like to try things out for myself				
My friends consider me to be a good listener				
I have clear ideas about the best way to do things				
I enjoy being the centre of attention				
I am a bit of a daydreamer				
I keep a list of things to do				
I like to experiment to find the best way to do things				
I prefer to think things out logically				
I like to concentrate on one thing at a time				
People sometimes think of me as shy and quiet				
I am a bit of a perfectionist				
I am enthusiastic about life				
I would rather "get on with the job" than keep talking about it				
I often notice things that other people miss				
I act first then think about the consequences later				
I like to have everything in its "proper place"				
I ask lots of questions				
I like to think things through before getting involved				
I enjoy trying out new things				
I like the challenge of having a problem to solve				

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Questionnaire Results

Column 1	Activist	/6
Column 2	Pragmatist	/6
Column 3	Theorist	/6
Column 4	Reflector	/6

Chart your results below -



The more evenly spread the shape when drawn from the points that are marked the more balanced you are as a learner. It is important that we look to develop ourselves to learn in different ways and also important that we ensure that we don't just deliver sessions to incorporate our preferred learning style!